

**NAYAGARH PRAJAMANDAL MAHILA MAHAVIDYALAYA, NAYAGARH, AODISHA**



## **Report of Extension Activities**

**Session-2020-21**



**Affiliated to Rama Devi Women's University, Bhubaneswar,  
Odisha**

**Website-[www.npmmnayagarh.org](http://www.npmmnayagarh.org)**

## Introduction



The Nayagarh Prajamandala Mahila Mahavidyalaya have the Mission to establish an equitable society through women empowerment and communal harmony and to inculcate the habit of continual learning, the spirit of compassion and human values in students. NPMM also aims at the quality of leadership, entrepreneurship invention and ethics among the students.

Extension activities concentrates on putting across in an understandable manner new ideas and improved technologies of practical utility to the rural, tribal and urban privileged and underprivileged people. It enables us to use the newly acquired knowledge and skills to improve their general standard of living..

The idea behind the extension work is the coming together for the task of social upliftment. Extension makes good communities better and progressive. Extension is a learning-teaching methods connect meaningful community service to academic curricula. Service learning blends community service goals and formal and informal (standard/academic and experiential/non-standard) educational goals in a manner that benefits participants and recipients. Extension activities and learning is a set of techniques and tools that can strengthen community relationships and connections.

The extension activities in NPMM are conducted by the two active units of college: YRC and NSS.

## YOUTH RED CROSS

Youth Red Cross has the objective to train the Zealous Youth with the fundamental principles of Red Cross so that they may remain unperturbed and develop in them the spirit of selfless service & Volunteerism to serve the most Vulnerable people, globally and locally and it carries out its social commitment and responsibility under the frame of **Seven fundamental principles of Red Cross such as Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity, Universality.**

### Objectives

The objectives of Youth Red Cross (Odisha) is to train the “Zealous” Youth, in the Fundamental Principles of Red Cross, so that they remain “imperturbable, un-wearying, unfaltering” & develop in them the elements of “quiet self-sacrifice” when disasters strike humanity. Keeping this in view the Youth Red Cross endeavors as follows for:

1. Promotion of potentialities of the Youth to enable them to render skilled philanthropic service toned up by a sense of self-sacrifice, for the mitigation of suffering of the needy and the distressed;
2. **Promotion of health, hygiene and sanitation and cognate subjects among the members** of the community for prevention of diseases and mitigation of suffering;
3. Promotion of motivation among the youth for fostering friendship and fraternity(the spirit of “Tutti-Fratelli”) at the National and international level;
4. Promotion of qualities of leadership and traits of personality among the youth;
5. Promotion of sprit of self-reliance and dignity of labour among the youth;
6. Promotion of training in various skills to render qualified service to the needy;
7. Promotion of factors which may contribute to the establishment of peace at the national and international level.

### National Service Scheme

. NSS aims at developing amongst students a sense of participation in nation building through Social Work. This deepens understanding of the social environment and enriches his/her personality through actual

participation education but develops in the student a sense of responsibility, tolerance and cooperation. The NSS plays a vital role in the development of the latent aspects of the student's personality.

### **Overall Objectives**

The overall objective is education. Service to the community is the activity through which this objective is attained.

### **Specific objective**

- To arouse social consciousness of the students by providing them opportunities to work with and among the people.
- To develop an awareness and knowledge of social realities to have concern for the well being of the community and engage in creative and constructive social action.
- To provide with rich and meaningful educational experiences to them in order to make their education complete and meaningful.
- To develop skill needed in the exercise of democratic leadership and programme development to help them get self-employed.
- To give them the opportunities for their personality development.
- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the social and involve them in problem solving process.
- Develop among themselves a sense of civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skill in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

# ACTIVITIES

## **1.VIGILANCE AWARENESS WEEK '2020 ( Theme-Vigilant India, Prosperous India).**

- **"Corruption is a major hinderance to the progress of the nation. All sections of sociey need to be vigil and in order to uphold integrity in all aspects of our national life."**

The Central Vigilance Commission as the apex anti-corruption body of the country endeavours to promote integrity, transparency and accountability in public life. Observance of Vigilance Awareness Week every year is a part of multi-pronged approach of the Commission wherein one of the strategies is to encourage all stakeholders to collectively participate in the preventive vigilance measures and fight against corruption, raise public awareness regarding the existence and gravity of and the threat posed by corruption.

- The Central Vigilance Commission has decided that this year the Vigilance Awareness Week would be observed from 27th October to 10th November, 2020 with the theme **□□□□□ □□□□, □□□□□□ □□□□ (Vigilant India, Prosperous India)**. The Commission expects all Central Government and its organizations to conduct various activities with zeal and enthusiasm to achieve the objective to eliminate corruption in public life.
- The Youth Red Cross ,college Unit organised this year's Vigilance Awareness week from 02.11.2020-10.11.2020. Due to COVID-19 Pandemic only college employees were involved in this programme. YRC Volunteers and students were informed about the observance & its significance through Whatsapp Messages.
- Two Major Events were organised in support of this observance.
  1. Integrity Pledge on 02.11.2020

2. A debate on the Topic – “**Role of citizen in the eradication of corruption from society**” was organized in the conference hall .

Teachers participated in the debate and placed their views on the topic.



Integrity Pledge on 02.11.2020

## 2. JAN ANDOLAN, COVID-19 Appropriate Behaviour.

YRC,NPMM unit organised a programme online through google meet for “Jan Andolan for COVID -19 Appropriate Behaviour” on 16.11.2020. All the college staff members took the Jan Andolan COVID -19 Appropriate Behaviour pledge for which the staff also received a certificate from the Government of India.





### **3. WORLD AIDS DAY'2020**

The theme for 2020 is "**Ending the HIV/AIDS Epidemic: Resilience and Impact**"

#### **Objectives of World AIDS Day**

The main purpose of the unit to celebrate World AIDS Day every year is

- To make aware the YRC volunteers and members of staff of the college aware of the new and effective policies and programmes employed by WHO & NACO to strengthen the systems of health and also to increase the capacity of health sectors towards HIV or AIDS.
- To guide volunteers for increasing the prevention and control measures for HIV or AIDS globally.
- To make awareness among the people about antiretroviral medicines which can help them to fight against HIV infection.
- To encourage the students of college the to contribute to the campaign organised for AIDS.
- To decrease the number of patients infected by HIV or AIDS.



## OBSERVATION AT COLLEGE:

The YRC, RRC and NSS Units organized the WORLD AIDS DAY virtually in Google meet on 01.12.2020. The formal observation held at 11.30am in the conference Hall. Principal, Mrs Rajashree Mohapatra inaugurated the programme with lighting the candle. She delivered her introductory speech which focused on this year's theme and need of observation of AIDS DAY.

The YRC counsellor Mrs Minakhi Bala Mishra make aware of the volunteers, students and members of staff :

- about the basic facts of AIDS & HIV .
- about statistics of AIDS patients in world, in India & in Odisha .
- She emphasized on “how to take Care of HIV Patients “ and “how to aware people that HIV patients should not be ill- treated “.

Finally Miss Subhasmita Sathua, Lecturer in Economics concluded the programme with the scientific approach of HIV & vote of thanks.

platform: Google meet

Meeting Link: <https://meet.google.com/cus-vbov-pha->



Mrs Rajashree Mohapatra, Principal delivering inaugural speech.

## 4. NATIONAL YOUTH DAY '2020

The Theme of National Youth Day '2020 is “Fit Youth,Fit India”.

National Youth Day is celebrated on 12 th January every year to commemorate the birth anniversary of Swami Vivekananda.

The main aim behind this is to make sure that the students across the country can be encouraged to learn about the life, the ideas and philosophy of Swami Vivekananda and apply them in their lives. The YRC and NSS units observed the day on 12.01.2021 in the college conference Hall. Since the COVID pandemic situation continued, hence only YRC & NSS volunteers were allowed to involve in the observance and others were present online.

The programme Officer Mrs Puspita Mohanty, Reader in Psychology inaugurate the meeting with her welcome address.

Counsellor Mrs Minakhi Bala Mishra, Lecturer in Physics focussed her speech on the theme and briefly explained different ways of keeping fit to the volunteers.

Dr. Bidyutprava Mishra ,reader in Odia spoke about the teachings of Swami Vivekananda.

Some volunteers also shared their views about the observance and what they had learnt from the teachings of Swami Vivekananda.

At the end, Mrs Usharani Khuntia ,Lecturer in Education explained the effect Yoga in life and how to use it to face the difficulties due to Pandemic. She concluded the programme with Vote of Thanks.Overall the programme was enriched with knowledge.



YRC Counsellor Mrs. M.B Mishra



YRC volunteers



Dr. Usha Rani Khuntia,PO ,NSS.



NSS volunteers

## 4.YRC Study-cum –Training Camp (Zonal Camp)

The YRC counsellor Mrs M.B Mishra and Miss subhasmita sathua attended the YRC a 3 -day study-cum-Training zonal camp held in nayagarh Autonomous College along with YRC volunteers from 05.02.2021- 07.02.2021.

The students participated in different competitions held in the camp. Our college was also awarded as the best college in this Zonal camp.





Volunteers participated in the debate competition ,group dance and Painting competition



## 5. LEGAL AWARENESS PROGRAMME

Mrs M.B Mishra along with 5 students attended the legal awareness programme organised by Odisha: State Commission for women and coordinated by District Special Welfare Office, Nayagarh on 12.02.2021 in the DRDA conference Hall, where people from different sections of society were present.

Mrs. M.B Mishra was one of the resource person in the programme who spoke on “Problems faced by women in the District of Nayagarh”.



## 6. International Women’s Day ‘2021

The observance was based on the theme “Gender equality today for a sustainable tomorrow”.

On the occasion of International Women’s Day ,YRC ,NSS and Department of Political science organized a 2-day celebration in the college. On the first day debate and painting competition were held on 07.03.2021.

On the second day a seminar was held in the department of political Science on the topic and a painting workshop was organized . The paintings and poems on contributions of women written by students and faculty members were displayed in the workshop.

A meeting was organized at 1.30 P.M on 08.03.2021 in the conference hall. Principal Mrs Rajashree Mohapatra delivered her inaugural address based on the theme. Faculty members presented their views in the context of the observance.

Students Performed some cultural programmes and prizes were given to the winners of the competitions.



## **7. WORLD ENVIRONMENT DAY' 2021**

The theme of World Environment day '2021 is **Ecosystem Restoration**.

Ecosystem support all life on Earth. The healthier our ecosystem are, the healthier the planet and its people. Both YRC and NSS unit aim to make aware the students as well as the participants about the restoration of our ecosystem which can help to combat the climate change and prevent mass extinction. Ecosystem restoration can take many forms: Growing trees, greening cities, rewinding gardens, changing diets or cleaning up rivers and coasts.

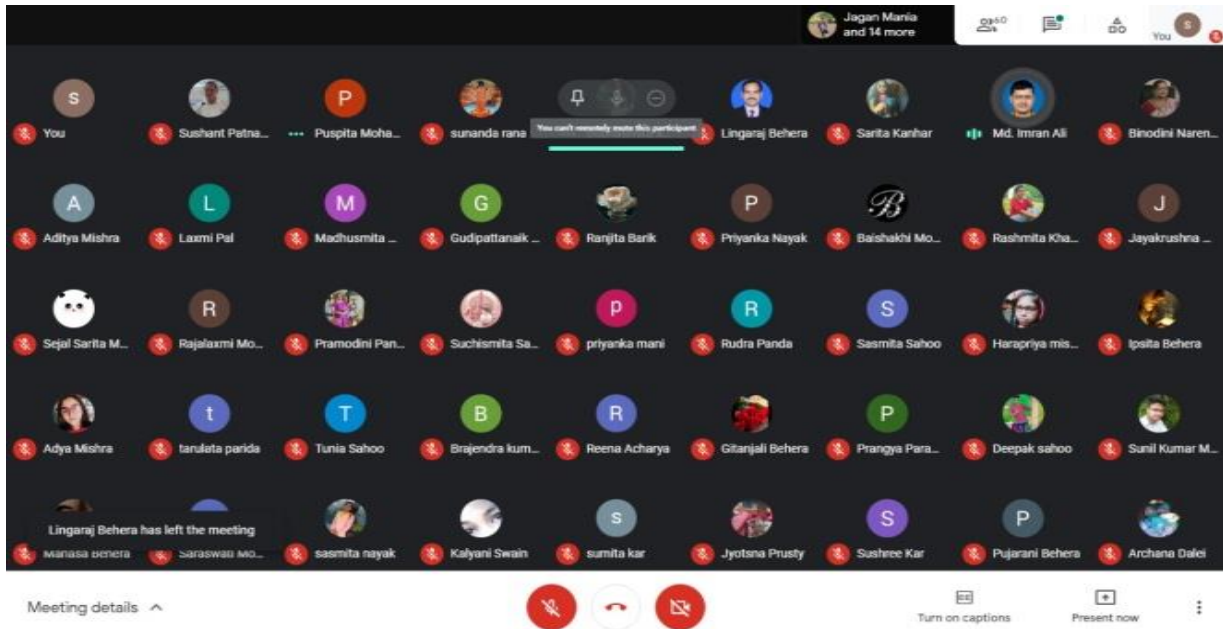
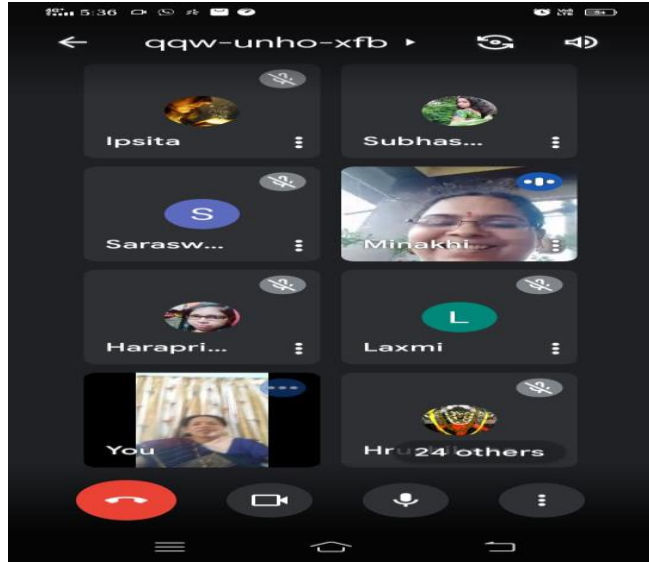
The observance was organised by YRC & NSS at 4 P.M on 6<sup>th</sup> June 2021. in virtual mode. A webinar on the topic “ **Conservation of Nature to prevent recurrence of COVID-19 Pandemic**” was convened on Google platform.

At the outset of the programme, Principal Mrs Rajashree Mohapatra welcomed the resource persons Dr. Susant Kumar Pattanaik, P.O, NSS, Kamala Nehru Women's College Bhubaneswar, Dr. Md. Imran Ali, Lecturer in MSW, B.J.B Autonomous College, Bhubaneswar and Sri Hrushikesh Mishra, PO, NSS, DPO, NSS, Nayagarh present in the webinar.

The resource persons shared their views on the Topic and focused on different ways of conservation of nature. Mrs M.B Mishra, Counsellor, YRC spoke on the effects of COVID-19 pandemic on the ecosystem. The participants also shared their views in the context of COVID pandemic and ecosystem. The programme was ended with Vote of thanks by Mrs Puspita Mohany, PO. NSS.

Around 75 participants were present in the webinar





## **8.COVID -19 AWARENESS PROGRAMME**

COVID -19 pandemic situation in the whole world or in our country and in our state created a fearful environment for which the education system and the students faced number of difficulties not only in education also in health,life style ,food etc.

Due to lock down and shut down ,our college was reopened in the month of June and was runned with 50% employees.Students came to college for physical classes in January 2021. As per the guidelines and SOP issued by the State government , Our institution took all the possible ways to create a healthy, hygenic and fearless environment for the students, so that they would continue their study smoothly and confidently.

A Covid Monitoring team was formed with 3 team leaders . Each team has 4 members ,so that the sanitation and COVID safety measures would be well maintained and followed in the campus.

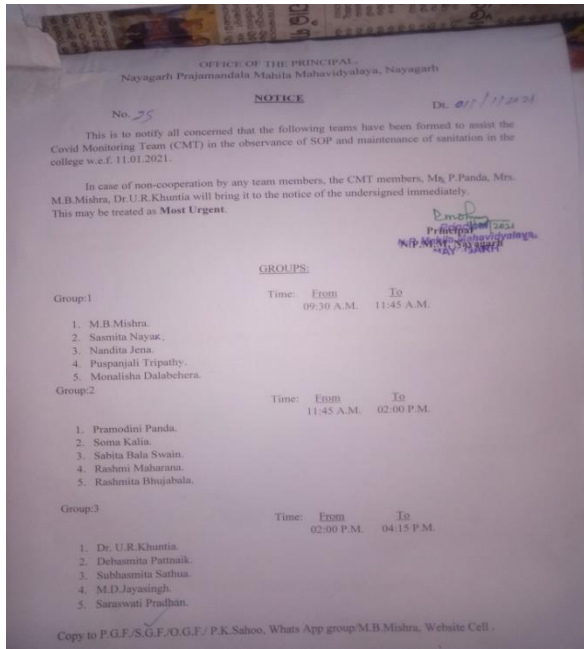
The team along with its members performed their duty diligently and smoothly during Admission of +3 1<sup>st</sup> year students, and physical clases. The provision of thermal scanning at the main Gate for each entranant , wearing of masks,keeping social distance , use of sanitiser etc were employed in the institution.

Banner at the main gate and in the courtyward ,leaflet containing guidelines,COVID helpline no etc were displayed at different places of the institution.

An Isolation room was arranged in the instituion with all provisions like sanitiser,water bottle ,bed,glucose .

All the safety measures were strictly followed in the class rooms, offices, library and every observances.

YRC and NSS showed their effortless service during this pandemic period.



COVID-19 Banner with all safety measures at the main Entrance college

## COVID SAFETY MEASURES DURING COVID-19 PANDEMIC



Mrs Puspita Mohanty, NSS P.O during admission



Thermal Scanning at the main gate.



Thermal scanning of students



Principal discussing SOP with employees



COVID safety measures followed during observance of Vigilance Awareness week



COVID - 19 Banner containig all Safety measures inside campus

PRINCIPAL